

Goal-Setting Worksheet for Kids & Young Learners

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Skillful Adventures™

My Goal-Setting Adventure!

(A fun way to set and achieve your goals!)

Step 1: My Big Goal!

What is one exciting thing I want to achieve? (Write or draw it!)

Example: *I want to read 10 books this year!*

👉 **My goal is:** _____

Step 2: Why is this goal important to me?

(Write why this goal matters to you.)

Example: *I want to read more books because I love learning new things!*

👉 **This goal is important to me because:** _____

Step 3: Steps to Achieve My Goal

(Write 3-5 small steps that will help you reach your goal.)

1. _____

2. _____

3. _____

4. _____

5. _____

Step 4: My Support Team!

Who can help me stay on track? (Parents, teachers, friends, or family members)

👉 **My support team:** _____

Step 5: My Progress Tracker!

(How will I know I'm making progress? Check off when you complete a step!)

Step 1: _____

Step 2: _____

Step 3: _____

Step 4: _____

Step 5: _____


Step 6: My Celebration Plan!


How will I celebrate when I achieve my goal? (Write or draw your reward!)


👉 **I will celebrate by:** _____

Final Reflection: How Did I Do?

(Write about what you learned from working on this goal.)

 **Something I learned is:** _____

 **Something I will do differently next time:**

 **Congratulations! You're on your way to becoming a Goal-Setting Champion!**